

FOR OUR BABYSITTER

EMERGENCY CONTACTS:

Mom: _____

Dad: _____

Alternate: _____

CHECK BLOOD SUGAR AT THESE TIMES:

LOW BLOOD SUGAR:

Low blood sugar is anything below: _____

Symptoms of low blood sugar include: _____

Low treatments are located: _____

Give _____ when blood sugar is low

Re-check blood sugar in _____ minutes.

Glucagon is located: _____

HIGH BLOOD SUGAR:

High blood sugar is anything above: _____

Symptoms of high blood sugar include: _____

When blood sugar is high _____